

Learning Project : Food

Year 3 – Week 6 (Summer Term Week 4)

Welcome to our week 6 learning letter. We hope that you are enjoying the activities. Remember you don't have to complete all the activities – just keep trying and challenge yourself.

This week we would like you to think about being kind. Carrying out daily acts of kindness is an excellent way to reduce feelings of anxiety in all of us, encouraging us to think of others, taking the focus off of ourselves. Below is a link that might be useful.

<https://mindup.org/acts-of-kindness/>

Remember how to keep safe on-line:

- Use devices in a set area ideally where an adult is close by. Avoid using devices in your bedrooms
- Limit the time you are online and have a time when you switch it off before going to bed – an hour before bed is recommended
- Listen to your adults and make them aware if anything is happening online that makes you feel uncomfortable.

Can you draw and colour an on-line safety poster to remind others how to Keep Safe on-line?

Weekly Maths Tasks (Aim to do 1 per day)

- For maths, we would like to share extra resources for you to try. Follow the link above for daily maths lessons by White Rose, a resource that we use for planning in school. Please just be aware that topics may come up that we have not yet taught and that some children may need to go to previous year groups for more appropriate work.
<https://whiterosemaths.com/homelearning/>
This week the focus is on **money**.
- BBC Bitesize has a daily maths lesson. There is a clear link for each year group. Again, you may find it necessary and valuable to work from earlier years. <https://www.bbc.co.uk/bitesize/dailylessons>
- Keep using [My Maths](#) regularly. To access the site, the username is **havelock1** and the password **square200**. No further passwords are needed, individual login details are purely for accessing homework that has been set. Topics are organised into Year groups, although it will also be useful to revise previous year groups as well.
- [Times Table Rockstars](#) - your child will have an individual login to access this **(20 mins on SOUND CHECK)**.
- Adding totals of the weekly shopping list or some work around money. This [game](#) could support work on adding money
- Get a piece of paper and ask your child to show everything they know about **Time**. This could be pictures, diagrams, explanations, methods etc. They can be as creative as they want to be.
- Practise counting forwards and backwards from any given number in 3s.
- Try these card games. <https://www.activityvillage.co.uk/card-games>

Weekly Reading Tasks (Aim to do 1 per day)

- Renaissance Learning, who produce AR, has made access to their digital books free during the lockdown. Below is a link. It's not full access to the myon experience - pupils won't have a record of what they have been reading linked to their AR accounts and they can't quiz directly from the myon site but it does offer more free ebooks to read.
<https://readon.myon.co.uk/>
- Listen to Harry Potter and the Philosopher's stone which is being read by celebrities a chapter a day. The first chapter is read by Daniel Radcliffe
<https://www.wizardingworld.com/chapters/reading-the-boy-who-lived>
- Listen to your child read and let them discuss what they have read. Encourage them to read with expression and intonation. If the book is in the AR system, you can quiz using this link
<https://ukhosted34.renlearn.co.uk/2245929/default.aspx>. Not sure if the book has a quiz? Check on
<https://www.arbookfind.co.uk/default.aspx>
- If you feel that it is appropriate, watch Newsround and discuss what is happening in the wider world.
- [Curriculum Visions](#) is an excellent online resource, with books about a wide range of topics and reading comprehensions available to try. Keep researching the topic The Stone Age
Login with **Username: Havelock/0001 Password: jungle**
- Explore new vocabulary you find when reading. What are the origins of this word? Can it be modified by adding prefixes and suffixes (ask/asking/asked)? Can you find any synonyms or antonyms for your new word
- Our website contains links to other useful websites at
<https://www.havelockschools.org.uk/index.php/curriculum/links>

Weekly Spelling Tasks (Aim to practice daily)

- Practise the Year 3/4 for [Common Exception words](#). **These are in your home link book.**
 - Choose 5 Common Exception words. Write a synonym, antonyms, the meaning and an example of how to use the word in a sentence. Can the word be modified?
- ABCDEF
FGHIJK
LMNOP
QRSTU
VWXYZ
- Choose 5 Common Exception words and practise spelling them using bubble letters. Write the word in bubble letters
 - <https://www.spellingshed.com/> offers a 30 day free trial and has lots of resources and structured approaches to learning to spell.

Weekly Writing Tasks (Aim to do 1 per day) some may take longer than a day

- Write a recount to a family member telling them all about how your day or week has been.
- Write a shopping list that ensures their family will eat a balanced diet. Remembering to include exciting adjectives.
- Write a recipe. How to make
Remembering to include a list of ingredients and things they need. Also not forgetting to include headings and subheadings. Then write their set of instructions, remembering to include imperative verbs. (Verbs that command you to do something).
- Write a review about a meal they've eaten. Describe what they had to eat. What did they enjoy and why?
- Choose a particular food and write an acrostic

poem. Think about where it comes from? What does it look like? What does it taste like? Etc....

WALKING IN THE RAIN
INSIDE IS STILL COLD
NEVER WEAR SHORTS
TEDDY BEARS
EXCITED FOR TAKEAWAYS
RUBBISH CLEARED OUTSIDE

AMAZING
BEAUTIFUL
KIND
TRENDY
LOVING
AWESOME

- You will find Talk for Writing sessions at the link below, which you and your child might enjoy.
<https://www.talk4writing.co.uk/covid-19/>
- You can take part in a daily, structured writing session with Jane Considine on You Tube using her sentence stacking approach that we have used in school so your your children will be familiar with.
<https://www.youtube.com/watch?v=nMVpipnXrDc>

Learning Project - to be done throughout the week

The project this week aims to provide opportunities for your child to learn more food. Learning may focus on where different foods originate from, what makes a healthy meal, opportunities to cook etc.

- **Let's Wonder:**

What is a balanced diet? Find out about the 5 food groups. Make slides or posters about what they find out about. [Carbohydrates](#) [Protein](#) [Dairy](#) [Fruits and Vegetables](#) [Fats](#). Where does their food come from? Which foods come from the UK? [What is fairtrade?](#)



- **Let's Create:**

Make repeated pattern prints for decorative purposes using various natural materials, e.g potato printing or create some still life observational sketches of fruit. Look at the artwork of [Giuseppe Arcimboldo](#) Maybe recreate some of his paintings with fruit.



- **Be Active:**

Recommendation at least 2 hours exercise a week.

Complete the sporting activities from the Northamptonshire Virtual School Game website:

<https://www.northamptonshiresport.org/school-games>

Sign up free on the link above, then complete the short challenges and record your scores on the site, remembering to record the school as

'Havelock Schools'.

Good luck!



Have a go at a Real PE exercise.

<https://home.jasmineactive.com/login>

Email: parent@havelockju-1.com

Password: havelockjun

Try a Harry Potter cosmic yoga session

<https://www.youtube.com/watch?v=R-BS87NTV5I>



- **Time to Talk:**

As a family, design a healthy meal plan for the week. Discuss their favourite foods and why they enjoy them? Talk about healthy and unhealthy foods and explain the importance of eating a balanced diet.

- **French**

Find the French for all your favourite foods and make a French menu.

Twinkl - to access these resources click on the link and sign up using your own email address and creating your own password. Use the offer code UKTWINKLHELPS. Search French foods or use Google Translate.

- **Understanding Others and Appreciating Differences:**

Lunch around the world. Look at lunch around the world and investigate how differently people eat in other parts of the world. Find out what a vegetarian is? Vegan? Kosher food? Halal food?



- **Reflect**

Make a meal by combining a variety of ingredients using a range of cooking techniques. Measure and weigh ingredients appropriately to prepare and cook a range of savoury dishes.



BBC Bitesize are running lessons every day in all areas of the curriculum- just click on year 3 and choose a subject.

<https://www.bbc.co.uk/bitesize/primary>

Classroom Secrets Learning Packs - These packs are split into different year groups and include activities linked to reading, writing, maths and practical ideas you can do around the home.

Twinkl - to access these resources click on the link and sign up using your own email address and creating your own password. Use the offer code UKTWINKLHELPS

Headteacherchat - This is a blog that has links to various learning platforms. Lots of these are free to access.

If you are on Twitter and a fan of Taskmaster, search for #hometasking. Alex Horne is setting new tasks every couple of days that might be fun to get involved with.

