

We start our newsletter this week by thanking you for your continued support and engagement with our remote learning offer. We are learning new ways of working continually and evaluating our provision to try and find a ways of remote learning that we have never used before. Thank you for your patience if technology does not always go as planned. Staff are experimenting with new ways of working and sometimes it doesn't always go as smoothly as the training session did!

Learning remotely is a very different way of working. We also know that many of you are support home learning as well as working yourselves. You are doing a brilliant job of this and we completely understand if you are finding it challenging. Please just do what you can. Keep in touch with the class teacher via Teams and submit the work you are able to complete so we know that you are ok. We worry when we don't hear anything from the children so please keep submitting what you can each day.

Emergency reporting



If your child is currently attending school please remember that for any positive results received over the weekend and evenings to **text this number 07527324844** and report the result once known immediately. It is important that we perform track and trace for all identified close contacts as early as possible. Staff will contact you back after the initial text message. Thank you for your support with this.

Devices

We are extremely grateful for our local community who have been donating unwanted devices to the school. These devices have been reset and gifted out to families without access to a device. The support for this has been incredible and we thank all those who have taken part as this has really helped more children to access remote learning.

The school has also loaned our devices to support families during this time as the best way to access the learning at present is through Teams. Children need the connection with the staff and each other through their live meetings, they need instruction and modelling on concepts that are new through videos and demonstrations and the chance to drop in to ask questions if they are stuck. By using Teams, they have access to all this teaching which will help them during this lockdown period. If you are needing support with devices, please contact the school and we will do our best to help you.



Mental Health

It is extremely important that during this time we look after our mental health as well as our physical health. There are lots of resources out there with ideas on how to look after the mental health of children and adults. This article is taken from <https://youngminds.org.uk>

How can I support my child during lockdown?

- **Talk with them about what's going on, keeping communication as open as you can.** Let them know that it's okay to feel however they feel – whether that's scared, worried, angry, sad or something else. You can find our tips on starting a conversation with your child [here](#).
- **Try to answer your child's questions and reassure them in an age appropriate manner.** While you don't need to know all the answers, talking things through can help them feel calmer.
- **Encourage your child to do the things that help them when they're finding things difficult.** This will be different for everyone – it could include things like doing exercise or going for a walk, watching a favourite film, reading a favourite book, cooking or baking, talking to friends, or drawing or writing.
- **Reassure them this will pass, you're there for them, and you will get through this together.** Having returned to some of their normal activities over the summer, going back into stricter measures might feel frustrating for your child. They may even be worried that things will never get better. Recognise how difficult this is, while also letting them know that the pandemic will not last forever.
- **Spend time doing a positive activity together.** This can help them to feel calmer by giving them a short break from everything that's going on. It's also a great way of providing a space for them to talk through their concerns, without having a 'big chat'. You can have a look at our [activity ideas](#) for younger children, and for [teenagers](#), to help you.
- **Keep as many regular routines going as possible to help your child feel safe and secure.** This can include things like having regular times for going to bed, waking up, eating meals and doing hobbies.

There are a number of helpful elements on the site including tips for supporting with home schooling whilst managing other responsibilities.

Take care and stay safe everyone.